

Connecting members to healthier eating

Blue Shield is excited to offer the Healthy Savings[®] program to active Trio HMO members.*



Healthy Savings is a program designed to help you eat a healthier diet and get discounts on items like milk, whole-grain bread, lean meat, eggs, fruit, vegetables, and more.

How it works

As an active member, you will automatically be enrolled in the program and receive a membership card in the mail. Just scan your Healthy Savings card or app at the checkout counter of a participating grocery store and instantly receive discounts on eligible healthy foods. That's it!

Once you register at blueshieldca.com/HealthySavings, you can log in to your account to view your discounts and see participating grocery stores.

- Healthy Savings is included with your plan and offered at no additional cost
- Potential savings of up to \$50 each week
- Over 22,000 participating retail stores across the United States, including Walmart, Safeway, Vons, Ralphs, Pak 'N Save, Food4Less and all stores under the Albertsons and Kroger banners
- New items are eligible for promotion each week



Download the Healthy Savings app so you can have your Healthy Savings card with you anytime, customize grocery lists, search for participating grocery stores near you, and much more. Available on the App Store[®] and Google Play[™].

* Available to Trio HMO members upon their 2020 effective date or renewal. Certain terms and conditions apply.

† The Healthy Savings program is only available to eligible Trio or Tandem subscribers. Dependents are not eligible for the program. Also, if you are on our Do Not Contact list, you will not be enrolled in the program.

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Healthy Savings is an independent entity that administers services on behalf of Blue Shield of California.